

SHOPPING LIST

This is a running list of our most needed items. Help stock our shelves with these items for hungry families in need and office supplies for us on your next shopping trip!



BOXED STARCH

- Low-sugar cereal
- Oatmeal
- Pasta, whole wheat/multi-grain
- Brown rice

PROTEIN

- Canned tuna, packed in water
- Canned chicken breast
- Peanut butter

FRUITS & VEGGIES

- Canned fruit in 100% juice, or its own juice
- Fresh vegetables
- Fresh fruit
- Raisins, other dried fruits

TOMATO SAUCES

- Pasta/spaghetti sauce

SNACKS

- Granola
- Breakfast bars
- Crackers
- Nuts and seeds

HYGIENE/PERSONAL

- Toothbrushes and tooth paste
- Feminine products
- Body wash, deodorant, and soap
- Shampoo and conditioner

OFFICE SUPPLIES

(for Sheboygan County Food Bank)

- White copy paper, letter size
- Postage stamps
- 10 and 50 gallon trash bags
- Paper towel

